



Fatigue RADAR™

Fatigue RADAR comprises a suite of fully integrated forms and applications to capture and transmit fatigue related data in real time from in the field or the office

- ✓ Develop self-awareness of fatigue
- ✓ Promote self-management
- ✓ Provide & record 'Control Measures'
- ✓ Replace an existing paper based process
- ✓ Applicable to mobile & office workers
- ✓ Record & track 'Time-on-Task'



Fatigue RADAR™ Solution

Personal Fatigue Action Plan

The purpose of this plan is to record specific activities that will help minimise an individual's risk and exposure of becoming fatigued at work. Use this tool to set personal goals, identify actions required to achieve them, list any potential barriers or restrictions, detail timelines for task completion and monitor progress.

Journey Management Plan

This tool is to be used when it has been identified that driving is a potential risk factor for fatigue and/or when average one-way commute time exceeds a specified duration. It is to be developed by the affected individual and their supervisor, and approved by their manager.

Alertness Self-Assessment

This application consists of four questions which provide a quick and easy alertness rating, with one of four risk levels immediately returned to the user. If an Amber or Red response is recorded, the user will need to select from a series of recommended fatigue control measures to be implemented before continuing work. Notifications can also be sent in real-time to a supervisor.

Supervisor Assessment

This form enables supervisors to conduct a real-time fatigue risk assessment on an individual who reports, or is observed as, being potentially impaired by fatigue. It includes a risk assessment template, recommended control measures and sign off capability.

Fatigue Risk Contingency Plan

This tool is to be used to conduct a fatigue risk assessment and develop a fatigue risk contingency plan for an individual or workgroup in situations where there may be increased fatigue-related risks, including overtime requests, exceedances of Hours of Work Guidelines and exceptional circumstances.

